



Call us free, Monday-Friday 09:00-17:00

0800 528 0731



Care leaver, in care, living away from home, have a social worker

need help?

We offer support and advice if:

You're not getting the right support / You don't feel heard / You are being asked to move / You are worried about housing or finances / You feel unsafe

help.team@childrenscommissioner.gov.uk

