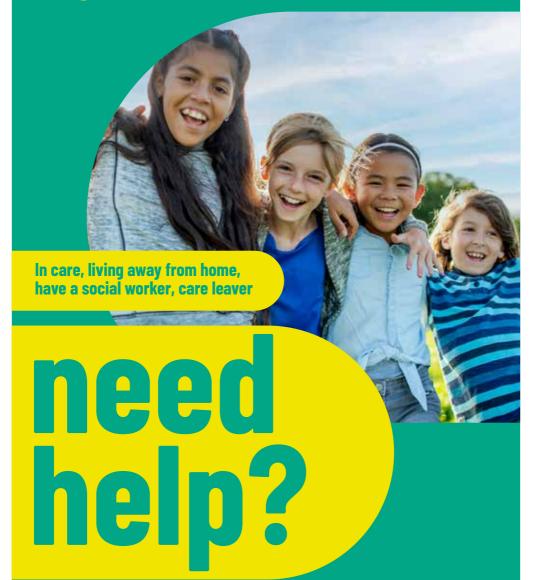


Call us free, Monday-Friday 09:00-17:00

0800 528 0731



help.team@childrenscommissioner.gov.uk



Need help?



If you're a child in care, living away from home, have a social worker or are a care leaver and need advice or support – we're here to help.

We can help you if:

You're not being heard / You're not happy where you're living / You're not getting the help you need / You feel unsafe

We'll take action if you want us to:



Call us free, Monday-Friday 09:00-17:00

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Get in touch

We'll listen and ask questions to understand what you need so that we can help you.

